FOTO Patient Intake Survey
Shoulder

Staff to Complete

PATIENT NAME:_____ Patient ID: _____

Gender: Male / Female Date of Birth: _____ / _____ / _____ Clinician: _____

Body Part _____ Impairment _____ Care Type _____

Payer Source _____ *(Type of Plan such as Preferred Provider, HMO, WC, Auto Insurance, etc.)*

Date of Survey: ____ / ____ / _____

We are interested in how you feel about how well you are able to do your usual activities. This information will help us take better care of you. Please answer the questions based on the problem for which you are receiving treatment. If you do not do or have not done this activity, please make your best guess as to which response is most accurate.

Today, how much difficulty do you or would you have…	**I can't do this**	**Much difficulty**	**Some difficulty**	**Little difficulty**	**No difficulty**
1. Combing or brushing hair using your affected arm?					
2. Using your affected arm to place a can of soup (1 lb) on a shelf at shoulder height?					
3. Using your affected arm to pick up and drink out of a full water glass?					
4. Using your affected arm to reach a shelf that is at shoulder height?					
5. Using your affected arm to reach an overhead shelf?					
6. Pushing yourself out of a chair using both arms?					
7. Reaching across to the middle of the table with your affected arm to get a salt shaker while sitting?					
8. Getting a scarf or necktie over your head and around your neck, using both hands?					
9. Putting deodorant under the arm opposite your affected shoulder?					
10. Pulling a chair out from a table using your affected arm?					

11. Rate the level of pain you have had in the last 24 hours (*please circle response*):

0 1 2 3 4 5 6 7 8 9 10

(None) (Pain as bad as it can be)

12. Please indicate the number of surgeries for your primary condition. ☐ None ☐ 1 ☐ 2 ☐ 3 ☐ 4+

13. How many days ago did the condition begin? ☐ 0-7 days ☐ 8-14 ☐ 15-21 ☐ 22-90 ☐ 91 days to 6 mos. ☐ Over 6 mos. ago

14. Are you taking prescription medication for this condition? ☐ Yes ☐ No

15. Have you received treatments for this condition before? ☐ Yes ☐ No

Patient Name: _____ Patient ID _____

16. How often have you completed at least 20 minutes of exercise, such as jogging, cycling, or brisk walking, prior to the onset of your condition?
☐ At least 3 times a week ☐ Once or twice per week ☐ Seldom or never

17. Other health problems may affect your treatment. Please check (✓) any of the following that apply to you:

☐ Arthritis (rheumatoid / osteoarthritis)
☐ Osteoporosis
☐ Asthma
☐ Chronic Obstructive Pulmonary Disease (COPD), acquired respiratory distress syndrome (ARDS), or emphysema
☐ Angina
☐ Congestive heart failure (or heart disease)
☐ Heart attack (Myocardial infarction)
☐ High blood pressure
☐ Neurological Disease (such as Multiple Sclerosis or Parkinson's)
☐ Stroke or TIA
☐ Peripheral Vascular Disease
☐ Headaches
☐ Diabetes Types I and II
☐ Gastrointestinal Disease (ulcer, hernia, reflux, bowel, liver, gall bladder)
☐ Visual impairment (such as cataracts, glaucoma, macular degeneration)
☐ Hearing impairment (very hard of hearing, even with hearing aids)
☐ Back pain (neck pain, low back pain, degenerative disc disease, spinal stenosis)
☐ Kidney, bladder, prostate, or urination problems
☐ Previous accidents
☐ Allergies
☐ Incontinence
☐ Anxiety or Panic Disorders
☐ Depression
☐ Other disorders
☐ Hepatitis / AIDS
☐ Prior surgery
☐ Prosthesis / Implants
☐ Sleep dysfunction
☐ Cancer

18. Height: _____ ft. _____ in. Weight: _____ lbs.

19. This is a statement other patients have made.
"I should not do physical activities which (might) make my pain worse."
Please rate your level of agreement with this statement.
☐ Completely Disagree
☐ Somewhat Disagree
☐ Unsure
☐ Somewhat Agree
☐ Completely Agree